

Contraceptive Coverage

A range of voluntary family planning services is available to FEHB members at no cost:

- Surgically implanted contraceptives
- Injectable contraceptive drugs (such as Depo Provera)
- Intrauterine devices (IUDs)
- Diaphragms
- Tubal ligation
- Cervical caps
- Contraceptive drugs and devices as listed in the Health Resources & Services Administration (HRSA) [website](#).
- Emergency contraceptives, covered at no cost to the member if prescribed by a physician and purchased at a network pharmacy.

Clinician-administered contraceptives are covered under the medical benefit. Oral and self-administered contraceptives are covered under the prescription drug benefit.

For additional information, see the Baylor Scott & White Health Plan [2025 Plan Brochure](#), pages 32, 34 and 56-57, and the [Contraception Coverage](#) webpage on OPM.gov.

Exceptions

Non-formulary branded contraceptives can be requested without cost-sharing through the [exception process](#). These will be covered without cost sharing if used for contraception and also if deemed medically necessary. The provider should indicate “urgent/expedited” on the request.

Reimbursement for **over-the-counter contraceptives** can be submitted by utilizing the [direct medical reimbursement claim process](#) if a valid prescription is first obtained from a prescriber to provide coverage.

For **expedited exceptions**, providers should indicate “urgent/expedited” on the [prior authorization](#) submission. Additional information may be found on page 21 of the [2025 Plan Brochure](#).

Contact

If you have difficulty accessing contraceptive coverage or other reproductive healthcare, contact:

- Baylor Scott & White Health Plan at 844.633.5325
- OPM at contraception@opm.gov