

# Where to go for care

Choosing the right option for your condition can save you time and money.

Less \$

## VIRTUAL CARE - \$0 COPAY\*

Often your best choice for care when it's not an emergency

For common conditions like allergies, cold, cough, COVID, flu, pink eye, sinus infections, tummy troubles, yeast infections.



## PRIMARY CARE DOCTOR

For conditions like asthma, diabetes management, earache, high blood pressure, headaches, preventive health, sprains, etc.



## WALK-IN CLINICS

For conditions like asthma, bladder infection, ear or sinus pain, flu, sore throat or sprains.



## URGENT CARE

For conditions like back pain, bladder infection, earache, minor burns, minor eye injuries, minor cuts that may need stitches, sore throat or sprains.



## EMERGENCY ROOM

For conditions like chest pain, deep cuts or wounds, difficulty breathing, poisoning, overdoses and suicidal behavior, abdominal pain, coughing or vomiting blood, severe burns, severe head injuries, sudden loss of balance, vision change, facial droop, arm or leg weakness.



More \$ \* HDHP members need to meet deductible first.